

## Help provide the personal touches that make our hospice feel like home.

Dear Friend,

When people think about a hospice, they might imagine it to be a somber setting. But at Margaret Bahen Hospice, there are moments of joy to be found in every day.



Sometimes that means staff sitting with residents and listening to their favourite music for hours. Other times, it means planning a birthday party or setting up an anniversary celebration.

Hospice staff spend quality time with residents and their families, getting to know their stories, likes and dislikes, and hopes for their final chapter. One of the most beautiful things to see is when we get to help people create memories that will last forever for their loved ones – compiling a memory book, writing a letter or making hand moulds so family members can have a tangible memory of their loved one.

This one-on-one interaction and emotional support is a big part of what makes Margaret Bahen Hospice such a special place. But many people are surprised to learn that it's not the government who fully funds these quality-of-life aspects of hospice care... it's generous community members like you!

Margaret Bahen Hospice relies on the generosity of donors to help with costs for our support staff, program materials, building operations, repairs and maintenance, and so much more. That's why I'm reaching out to you today, with the hope you'll consider furthering your support of our beloved hospice.

Will you make a gift and help provide our community with the highest quality palliative care? Your contribution of \$x, \$xxx, or even \$xxxx will ensure every resident and their family receive the individualized support any of us would want during one of life's most difficult times.

Sometimes that looks like a visit from a therapy dog, or even special animal guests like miniature horses, chicks, or kangaroos. Food is also a big part of the comfort offered at Margaret Bahen Hospice, with appropriate stations set up with the changing seasons – from DIY ice cream sundaes to a hot chocolate bar to courtyard barbecues in the summer.

...please turn over

905.967.1500 ext. 135 email: donations@myhospice.ca Charitable Business # 834982720 RR0001

## It's these small comforts that often mean the most to people.

That's why everything at Margaret Bahen Hospice happens in a homelike setting. When residents arrive here, they are welcomed as family. Our inter-professional team works together to ensure our residents are comfortable and able to die with dignity and love.

## We are helping people. We are making their last days a little more comfortable. And we can't do it without you. <u>Please give generously to Margaret Bahen Hospice</u>.

Your support today will help provide the very best end-of-life care to people right here in the York Region – giving more families the peace-of-mind we all deserve.

Thank you for investing in hospice care for our community.



Sincerely,

Jennifer Adams Vice President, Philanthropy Margaret Bahen Hospice and Doane House Hospice

P.S. <Salutation> every donation plays an important role in providing a homelike environment for community members during their final days. Please make your gift in support of Margaret Bahen Hospice now.

## Staff reflection: The beauty of hospice care

I studied Therapeutic Recreation at Dalhousie University and always thought I'd find a job in long-term care, in the mental health field or working with children. But when I saw a placement at Margaret Bahen Hospice posted, something piqued my curiosity.

That was three years ago and I've never looked back. Today, I'm proud to work as the Recreation Therapist for Margaret Bahen Hospice and Doane House Hospice.

Recreation therapy in hospice is truly unique. Our programs change from one day to the next because they are designed specifically for each individual resident and their family. Everything is focused around their needs and interests for that day.

There was a time when I was afraid to talk about dying and death. Now, I see that it doesn't have to be a scary and overwhelming thing. Working in hospice care has completely shifted my perspective, allowing me to see that it's truly special to be a part of creating a safe and loving environment for residents as they approach end of life.

~ Casey Pfenning, Recreation Therapist, Margaret Bahen Hospice & Doane House Hospice